



Fall 2023 Class Schedule

Motion @ Carrollton Park
1235 S Josey Ln, Ste 535
Carrollton, TX 75006

Motion, The Studio will be offering dance, cheer, musical theater and fitness options for a variety of ages all year round!

Visit online to register and enroll today!

www.motionthestudio.com

Info@abodyinmotion.us

IG @motion_the_studio

469-892-2137

***Instructor Approval Required**

	Studio A	Studio B		Studio A	Studio B	Art Studio		Studio A	Studio B	Art Studio		Studio A	Studio B	Art Studio		Studio A	Studio B	Art Studio		
2:00 PM																				2:00 PM
3:00 PM	3-3:30pm Bayani Warrior Martial Arts 7-12 years																			3:00 PM
3:30 PM	3:30-4pm Bayani Warrior Martial Arts 13+ years																			3:30 PM
4:00 PM																				4:00 PM
4:30 PM																				4:30 PM
5:00 PM																				5:00 PM
5:30 PM				5:30-6:00pm Hip Hop I 4-6 years	5:30-6:00pm Tap II 7-9 years	5:30-6pm Art I/II 4-9 years		5:30-6:15pm Creative Movement 3-4 years	5:30-6:15pm Ballet II 7-9 years	5:30-6:15pm Art II/III 7-12 years		5:30-6:15pm Musical Theater 7+ years	5:30-6:15pm Tiny Tot Swag 3-4 years	5:30-6pm Art I/II 4-9 years			Open Studio		5:30 PM	
6:00 PM				6-6:30pm Jazz I 4-6 years	6-6:45pm Hip Hop II 7-9 years	6-6:30pm Art I/II 4-9 years												Open Studio	6-6:45pm Heat Rehearsal 9+ years	6:00 PM
6:15 PM								6:15-6:45pm Lyrical II 7-9 years	6:15-6:45pm Lyrical III 10+ years			6:15-7pm Tap III/IV* 10+ years APPROVAL REQUIRED	6:15-7pm Cheer/Tumbling I 4-6 years	6:15-7pm Art II/III 7-12 years						6:15 PM
6:30 PM		2-6pm Dance Company Rehearsal		6:30-7pm Ballet I 4-6 years				6:45-7:15pm Technique/Flexibility II/III 7-12 years	6:45-7:15pm Technique/Flexibility III/IV 10+ years			7-7:45pm Contemporary IV* 13+ years APPROVAL REQUIRED	7-8pm Cheer/Tumbling II/III 7-12 years				6:30-8pm Dimensions Junior Elite Intensive	6:45-7:30pm Sapphires Rehearsal 9+ years	6:30 PM	
6:45 PM																				6:45 PM
7:00 PM				7-7:30pm Tap I 4-6 years	6:45-7:30pm Jazz II 7-9 years	6:45-7:30pm Art II/III 7-12 years														7:00 PM
7:15 PM								7:15-8pm Lyrical IV* 13+ years APPROVAL REQUIRED	7:15-8pm Ballet III 10+ years											7:15 PM
7:30 PM				7:30-8:15pm Jazz IV* 13+ years APPROVAL REQUIRED	7:30-8:15pm Hip Hop III 10+ years							7:45-8:15pm Improv III/IV 10+ years							7:30-8pm Team Technique (Sapphires)	7:30 PM
7:45 PM																				7:45 PM
8:00 PM								8-8:30pm Pointe IV* 10+ years	8-8:30pm Pre-pointe III/IV 10+ years											8:00 PM
8:15 PM				8:15-9pm Hip Hop IV* 13+ years APPROVAL REQUIRED	8:15-9pm Jazz III 10+ years															8:15 PM
8:30 PM												8:15-9pm Contemporary III 10+ years	8-9pm Cheer Team Rehearsal 7-12 years						8-9pm Dimensions Junior Elite Rehearsal	8:30 PM
8:45 PM																				8:45 PM
9:00 PM				Open Studio	Open Studio			Open Studio	8:30-9:30pm Ballet IV* 13+ years APPROVAL REQUIRED			Open Studio	Adult Int/Adv Ballet 18+ years 9-10pm					Open Studio		9:00 PM
9:30 PM																				9:30 PM