Motion
The Studio

# Fall 2022
# Class Schedule

Motion, The Studio will be offering dance, cheer, theater, fitness, and martial arts classes for a variety of ages all year round! Enroll your child or your entire family today!

*Visit us online @ www.motionthestudio.com for prices, teachers, and other details.*

**Location:**
Motion @ Carrollton Park
1235 S. Josey Lane,
Suite 535
Carrollton, TX 75006

**Contact us @:**
info@abodyinmotion.us
**or 469-892-2137**

***Instructor Approval Required**

****NO TUMBLING CURRICULUM INCLUDED. MUST ENROLL IN TUMBLING CLASS.**

| | MONDAY | | | TUESDAY | | | WEDNESDAY | | | THURSDAY | | | FRIDAY | | | SATURDAY | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Studio A | Studio B | Art Studio | Studio A | Studio B | Art Studio | Studio A | Studio B | Art Studio | Studio A | Studio B | Outside | Studio A | Studio B | Music Studio | Studio A | Studio B | | |
| 10:00 AM | | | | | | | | | | | | | | | | | | | 10:00 AM |
| 10:30 AM | | | | | | | | | | | | | | | | | | | 10:45 AM |
| 11:00 AM | | | | | | | | | | | | | | | | 11:00-11:30am Bayani Warrior Martial Arts 7-12 years | | | 11:00 AM |
| 11:30 AM | | | | | | | | | | | | | | | | 11:30-12:00pm Bayani Warrior Martial Arts 13+ years | | | 11:30 AM |
| 12:00 PM | | | | | | | | | | | | | | | | | | | 12:00 PM |
| 5:00 PM | | | | | | | | | | | | | | | | | | | 5:00 PM |
| 5:30 PM | 5:30-6:00pm Tap II 7-9 years | 5:30-6:00pm Adult Jazz 18+ | | 5:30-6:15pm Jazz III 10+ years | 5:30-6:15pm Lyrical IV* 13+ years APPROVAL REQUIRED | | 5:30-6:15pm Tiny Tot Swag 3-4 years | 5:30-6:15pm Ballet II 7-9 years | 5:30-6:15pm Art I 4-6 years | 5:30-6:00pm Tempo Team Rehearsal | 5:30-6:00pm Mini Cheer** 4-6 years | | 5:30-6:15pm Creative Movement 3-4 years | 5:30-6:15pm Open Studio | 5:30-6:15pm Art I 4-6 years | | | | 5:30 PM |
| 6:00 PM | 6:00-6:45pm Hip Hop III 10+ years | 6:00-6:45pm Hip Hop II 7-9 years | | | | | | | | 6:00-6:45pm Tap IV* 13+ years APPROVAL REQUIRED | 6:00-6:30pm Mini Tumbling 4-6 years | | | | | | | | 6:00 PM |
| 6:15 PM | | | | 6:15-6:45pm Adult Ballet Class 18+ | 6:15-6:45pm Pre-pointe/ Pointe III/IV 10+ years | | 6:15-6:45pm Tap I 4-6 years | 6:15-6:45pm Lyrical II 7-9 years | | | | | 6:15-6:45pm Ballet I 4-6 years | 6:15-6:45pm Mini/Youth Baton 4-9 years | | | | | | 6:15 PM |
| 6:30 PM | | | | | | | | | | | 6:30-7:00pm Youth Tumbling 7-9 years | | | | | | | | 6:30 PM |
| 6:45 PM | 6:45-7:30pm Jazz II 7-9 years | 6:45-7:30pm Axis Team Rehearsal | 6:45-7:30pm Art II/III 7-12 years | 6:45-7:30pm Ballet III 10+ years | 6:45-7:45pm Ballet IV* 13+ years APPROVAL REQUIRED | | 6:45-7:15pm Ballet I 4-6 years | 6:45-7:15pm Contemporary II 7-9 years | 6:45-7:30pm Art II/III 7-12 years | 6:45-7:15pm Acting 7+ years | | | 6:45-7:15pm Jazz I 4-6 years | 6:45-7:45pm Baton Team Rehearsal 7-14 years | | | | | 6:45 PM |
| 7:00 PM | | | | | | | | | | | 7:00-7:30pm Youth Cheer** 7-9 years | | | | | | | | 7:00 PM |
| 7:15 PM | | | | | | | 7:15-7:45pm Hip Hop I 4-6 years | 7:15-7:45pm Modern III 10+ years | | 7:15-7:45pm Voice 7+ years | | | 7:15-7:45pm Hip Hop I 4-6 years | | | | | | 7:15 PM |
| 7:30 PM | 7:30-8:00pm Dance Flexibility/ Technique II/III 7-12 years | 7:30-8:00pm Dance Flexibility/ Technique III/IV 10+ years | | 7:30-8:00pm Lyrical III 10+ years | | | | | | | 7:30-8:15pm Cheer Team Rehearsal** 7-14 years | | | | | | | | 7:30 PM |
| 7:45 PM | | | | | 7:45-8:30pm Sapphires Team Rehearsal 7-14 years | | 7:45-8:30pm Contemporary IV* 13+ years APPROVAL REQUIRED | 7:45-8:30pm Contemporary III 10+ years | | 7:45-8:15pm Musical Theater 7+ years | | | Open Studio | 7:45-8:30pm Junior/Senior Baton 10+ years | | | | | 7:45 PM |
| 8:00 PM | 8:00-8:45pm The Heat Hip Hop Team Rehearsal 7-14 years | 8:00-8:45pm Jazz IV* 13+ years APPROV-AL REQUIRED | | 8:00-8:30pm Ballroom III/IV 10+ years | | | | | | | | | | | | | | | 8:00 PM |
| 8:15 PM | | | | | | | | | | 8:15-8:45pm Tap III 10+ years | 8:15-8:45pm Junior Tumbling 10+ years | | | | | | | | 8:15 PM |
| 8:30 PM | | | | 8:30-9:30pm Drill Team Prep 10+ years | 8:30-9:30pm Dimensions Team Rehearsal | | 8:30-9:00pm Kick Line Training $10 13+ years | 8:30-9:00pm Improv III/IV 10+ years | | | | | | Open Studio | | | | | 8:30 PM |
| 8:45 PM | Open Studio | 8:45-9:30pm Hip Hop IV* 13+ years APPROV-AL REQUIRED | | | | | | | | Open Studio | 8:45-9:30pm Junior Cheer** 10+ years | | | | | | | | 8:45 PM |
| 9:00 PM | | | | | | | 9:00-9:30pm Dance Technique & Tricks $10 13+ years | 9:00-9:30pm Modern IV* 13+ years APPROVAL REQUIRED | | | | | | | | | | | 9:00 PM |
| 9:30 PM | | | | | | | | | | | | | | | | | | | 9:30 PM |

7/26/2022